

Why The Posture People?

The Posture People specialize in injury prevention and workplace ergonomic solutions for businesses. We empower a healthier workforce with onsite, in-person, and virtual solutions.

We help companies prevent work-related strain and overexertion injuries, reduce related costs and increase employee wellness & engagement.

We work in multiple industries, including **construction, manufacturing, utility, healthcare, telecommunications, financial services and office-based.**

Core Capabilities

- ✓ Onsite Injury Prevention
- ✓ Onsite Physical Therapy
- ✓ Job Demands Analysis
- ✓ Ergonomic/Industrial Risk Assessments
- ✓ Customized Solution Development
- ✓ Engineering/Product Recommendations
- ✓ Targeted Job/Task Specific Programs
- ✓ ErgoHealth & Wellness: On-Demand Self-Help Portal (Stretching and Ergonomic Health)
- ✓ Office Ergonomics: Workshops, Consultations, Product Recommendations

Experience

Onsite Injury Prevention + Targeted Training

manufacturing and utilities/municipalities clients; multi-year renewals and multiple locations nationally.

Ergonomic/Industrial Risk Assessments + Targeted

Training: manufacturing, construction, utility, municipalities, telecommunications and industry clients

ErgoHealth & Wellness + Office Ergonomics:

financial services, accounting, managed services/warehousing, industry/ manufacturing, municipality clients

Work-Related Injuries are Preventable

- ✓ Reduce frequency and severity of strain/overexertion injuries
- ✓ Reduce lost work days
- ✓ Reduce medical expenses and physical therapy costs
- ✓ Increase employee productivity and health
- ✓ Solve the problem correctly with subject matter experts
- ✓ Promote sustainable improvements in health habits
- ✓ On-demand and virtual scalable office solutions

Differentiators

Proven results, historical data

50% sustained decrease in frequency and severity of injuries.

Focus on Prevention

with task-based training and tool selections on the job site.

Physical therapy expertise

positions us to identify risk, educate, and train your workforce to reduce their risk of injury.

Empower Employees

with up to **96%** reported ability to immediately apply skills learned, and a **99%** participant satisfaction rate.

Customized Solutions

to reduce risk for each client, based on data analysis, work environment and job demands.

Selected Clients



LITTLEJOHN & Co.



Including national accounting, telecommunications firms and utility providers.

